Surviving Sexual Abuse Quotes

Laura Downey, Susan Kierr

Young Men Who Have Sexually Abused Andrew Durham, 2006-06-14 Young men who sexually abuse is a subject of increasing concern amongst professionals. This important volume explores the current theoretical and practice issues involved in working therapeutically with young men who have sexually abused. Linking theory to practice, Andrew Durham provides detailed case studies of young men who have committed varying acts of inappropriate or harmful sexual behaviours, and analyses the therapeutic interventions provided for each. Key features of this accessible guide include: A clear, practical framework for assessing whether or not a child's sexual behaviour is a problem. Full assessment schedule for determining the risks and needs of young men who have sexually abused. Discussion of family assessment and support. Guidance for managing difficult foster placements. Advice on deciding when a young person is no longer a risk. Young Men Who Have Sexually Abused identifies the need for therapeutic interventions to be holistic and reach beyond purely offence-specific work. It will be a valuable resource for practitioners, academics and students in social work, social care, psychology and residential childcare.

Young Men Surviving Child Sexual Abuse Andrew Durham, 2003-08-01 Young Men Surviving Child Sexual Abuse examines a largely neglected area in child protection: the sexual abuse of boys. Andrew Durham, a consultant social work practitioner, describes his original research undertaken with young men close to or in the midst of adolescence. The book features extensive narrative, as the life story approach taken allows the young men to theorise their own experience and to understand how and why child sexual abuse has had a harmful and long lasting impact on their day-to-day lives. Alongside the research stories the author presents a theoretical framework for understanding male sexual abuse, as well as a wide range of accessible practice materials. This book will be invaluable to those working with children and young people who are recovering from child sexual abuse.

Sexual Crime Belinda Winder, Kerensa Hocken, Rebecca Lievesley, Craig Harper, Nicholas Blagden, Helen Swaby, Phil Banyard, 2024-05-01 This book offers an original contribution drawing together literature, research, practitioner and service user perspectives around the victimology of sexual crime and offending. Texts about sexual crime focus on the perpetration of sexual crime. This is important as, if we know how, why and in what situations people commit abuse, it will help us prevent further suffering. However, it is important that the voices of people who have experienced sexual abuse are heard and

understood, as there is much we can learn from them - not simply about their experiences but improving our knowledge of victimisation also informs how we prevent sexual crime.

Disclosing Sexual Violence in a Digital Society Tully O'Neill,2024-11-15 This book examines the various ways that victim-survivors disclose sexual violence in digital settings and theorizes the extent to which these practices constitute a new and informal 'justice' occurring in digital space. It features qualitative research interviews conducted with victim-survivors who disclosed sexual violence online and analyzes digital spaces utilized by survivors for the purposes of support, healing, and connection. The volume provides insight into how and why victim-survivors use digital technologies to pursue 'justice' and the decision-making processes they undertake in order to navigate digital space after sexual violence. It expands on the theorization of informal justice in digital society and its potential implications. It focuses particularly on the experiences of justice for victim-survivors in the aftermath of sexual violence, highlighting the complexities of disclosing rape, sexual assault, and abuse in digital space.

Tend My Flock Kate Litchfield,2013-01-02 A companion and guide for ordained and lay ministers seeking to live their pastoral ministry well, amid all the complexities and pressures of contemporary society. It addresses issues which often remain unspoken, inviting dialogue, reflection, honest self-examination and the courage to share struggles and dilemmas with others.

Social Justice in Dance/Movement Therapy Laura Downey, Susan Kierr, 2022-11-16 This book demonstrates the use of dance/movement therapy to directly counteract social injustices and promote healing in international settings. It also demonstrates the potential for dance/movement therapy in prevention and wellness in clinical and community settings. The use of improvisational and creative dance is presented throughout the book as a tremendously clear, strong and powerful inroad to healing in every setting. The chapters in this book do not directly address social justice in dance/movement therapy, but rather provide provoking social justice related positions. This call for a provoking re-examination of the definition of dance/movement therapy is fitting as we—as a community—challenge our identity as dance/movement therapists, educators, supervisors and as human beings who have internalized oppression in various forms through our many identifiers and the unique intersections of those identifiers. The editors and authors posit that social justice cannot be fully addressed by focusing solely on the social issues. Rather, we must be aware of where and how the social issues come into the individual(s), the setting, and the therapy process itself. Chapter "Breaking Free': One Adolescent Woman's Recovery from Dating Violence Through Creative Dance is available open access under a Creative Commons Attribution 4.0 International license via link.springer.com.

Find the Way Back to You with Lola Lola Yanette Novoa LCSW,2023-12-14 Find-the-Way back to you with Lola Lola is a self-help guide that will take you back to some basic principles, helping you to reconnect to your true essence. As in Michael

Angelo's painting where he illustrates God reaching out to create human life, this guide inspires you to be the sculptor and painter in the re-creation of your thriving self. This guide will motivate you to identify in what Find-the-Way phases you are in, the common hide outs, the importance of silence, the impact of sexual abuse over time, the importance of developing a routine of curiosity, self-reflection, and the daily use of mind tricks. This guide awakens the need for the habitual practice of courage. It takes you on a wild and exhilarating inner self-reflection adventure where you are influenced to become closer to your friends such as, Optimism, Humor, Discretion, and Patience. Lola Lola invites you to immerse yourself in this positive and freeing life changing event, bringing unmeasurable fruits to your life, including the becoming of the thriving you.

Handbook of Counselling Gladeana McMahon, Stephen Palmer, 2014-04-23 The Handbook of Counselling provides a comprehensive and up-to-the-minute guide for counsellors and those using counselling skills in other professions. The contributors, all experienced practitioners, explore the major arenas and settings in which counselling is practised as well as the key themes and issues faced by those working in this field. This edition of the handbook has been thoroughly revised and updated to reflect the pace of growth and change within counselling over recent years. Six new chapters have been added, covering: * brief and time-limited counselling * working with adults abused as children * trauma and post-traumatic stress disorder * counsellor-client exploitation * private practice * counselling in voluntary settings. Published in association with the British Association for Counselling, the Handbook of Counselling provides a definitive source of information and guidance for counsellors both in training and practice.

Intimate Deception Dr. Sheri Keffer,2018-03-20 Nothing destroys trust like sexual betrayal. Beyond broken vows, a woman who discovers that the man she loves has been viewing pornography or having an affair must deal with devastating blows to her self-image and self-worth. She must grapple with the fact that the man she thought she knew has lied and deceived her. She may even bear the brunt of shame and judgment when the people around her find out. Drawing from her experience both as a marriage and family therapist and a woman who personally experienced the devastation of sexual betrayal, Dr. Sheri Keffer walks women impacted by betrayal through the pain and toward recovery. She explains how the trauma of betrayal affects our minds, bodies, spirits, and sexuality. She offers practical tools for dealing with emotional triggers and helps women understand the realities of sexual addiction. And she shows women how to practice self-care, develop healthy boundaries, protect themselves from abuse or manipulation, and find freedom from the burden of shame and guilt.

Psychological Growth After Trauma Simon Wharne,2025-08-26 Psychological Growth After Trauma is a guide to moving away from assumptions about trauma as a simple form of 'psychological damage.' Each chapter promotes an understanding of difficult experiences as learning opportunities that help us attune to the reality of existence and become more at ease with the truths that trigger our anxieties. The book holds close to a phenomenological stance in which understanding emerges

through experience and reflection. This is not a book that argues for a model that practitioners would be required to adopt and impose on their clients. Instead, Psychological Growth After Trauma brings insights and explorations together, allowing the reader to build their own framework for understanding.

Beyond Surviving Rachel Grant, 2012 In the world of recovery, there has been a shift from using the word victim to survivor when describing those who have been abused. This new label conveys strength to empower and to embolden you as you begin the journey of recovery. While moving from victim to survivor is an important step in the healing process, it does not go far enough in framing an identity that leads to letting go of the pain of abuse and finally feeling normal. In Beyond Surviving, author Rachel Grant, a sexual abuse recovery coach, provides an understanding of the three stages of recovery victim, survivor, and beyond surviving and offers survivors guidance and tools for reaching the third stage of recovery. Based on cognitive behavioral techniques, neurological science, the power of language to heal, and Grant's personal journey, Beyond Surviving teaches you how to actively challenge and break the patterns of thought and behavior that result from sexual abuse. It explores how different areas of life are impacted by abuse and communicates valuable skills for gaining a new perspective that inspires action and change. It provides an opportunity to reflect and practice these new skills through exercises and assignments. Beyond Surviving enables survivors of sexual abuse to take back their rights and realize their own ability to make powerful choices about who they are and how they live. This guidebook offers an opportunity to reach the final stage of recovery and begin living authentically and free from the burdens of past experiences.

Qualitative Methods in Social Work Research Deborah K. Padgett,2016-05-25 Qualitative Methods in Social Work Research provides accessible, how-to instruction for carrying out rigorous qualitative research. Deborah K. Padgett's thoroughly revised Third Edition offers a comprehensive introduction to qualitative methods based on six major approaches: ethnography, grounded theory, case study, narrative, phenomenological, and participatory action research. Readers will appreciate the book's ease of use, friendly writing style, and helpful cases/examples that combine attention to methodological rigor with pragmatic concerns for real-world relevance.

Self-Help That Works John C. Norcross Ph.D., Linda F. Campbell Ph.D., John M. Grohol PsyD, John W. Santrock Ph.D., Florin Selagea M.S., Robert Sommer Ph.D., 2013-03-05 Self-help is big business, but alas, not always a scientific one. Self-help books, websites, and movies abound and are important sources of psychological advice for millions of Americans. But how can you sift through them to find the ones that work? Self-Help That Works is an indispensable guide that enables readers to identify effective self-help materials and distinguish them from those that are potentially misleading or even harmful. Six scientist-practitioners bring careful research, expertise, and a dozen national studies to the task of choosing and recommending self-help resources. Designed for both laypersons and mental-health professionals, this book critically reviews multiple types of self-help resources, from books and autobiographies to films, online programs, support groups, and

websites, for 41 different behavioral disorders and life challenges. The revised edition of this award-winning book now features online self-help resources, expanded content, and new chapters focusing on autism, bullying, chronic pain, GLB issues, happiness, and nonchemical addictions. Each chapter updates the self-help resources launched since the previous edition and expands the material. The final chapters provide key strategies for consumers evaluating self-help as well as for professionals integrating self-help into treatment. All told, this updated edition of Self-Help that Works evaluates more than 2,000 self-help resources and brings together the collective wisdom of nearly 5,000 mental health professionals. Whether seeking self-help for yourself, loved ones, or patients, this is the go-to, research-based guide with the best advice on what works.

Triumph Over Abuse Christine E. Murray,2020-12-29 In this book Christine Murray carefully weaves her personal experiences as a survivor with her professional expertise as a counselor, community advocate, and researcher into a comprehensive guidebook for survivors of abuse. Moving forward after suffering abuse at the hands of someone who is supposed to love and care for you is no easy feat. And yet, healing and recovering from past abuse is possible, and the journey to get there can be an empowering opportunity for growth. Triumph Over Abuse provides a road map for doing more than simply moving on from the past. Filled with accessible case studies and exercises, the book offers extensive practical guidance on a range of topics, such as building coping skills, surrounding yourself with the right kinds of support, working through traumatic memories, and channeling your experience into helping others and making a difference in the world. The book will inspire and equip survivors of abuse to build full, meaningful lives despite the trauma they have faced, as well as being a tool for clinicians to use to support clients.

Prey Tell Tiffany Bluhm, 2021-03-16 A welcome book offering an important wake-up call to the Christian community and beyond.--Gail Eubanks, Library Journal Tiffany Bluhm wishes this wasn't her story to tell. Yet like many women today who are taking action against sexual harassment and sexual assault, it is. Bluhm explores the complex dynamics of power and abuse in systems we all find ourselves in. With honesty and strength, she tells stories of how women have overcome silence to expose the truth about their ministry and professional leaders--and the backlash they so often face. In so doing, she empowers others to speak up against abuses of power. Addressing men and women in all work settings--within the church and beyond--popular author and podcast host Tiffany Bluhm sets out to understand the cultural and spiritual narratives that silence women and to illuminate the devastating emotional, financial, and social impact of silence in the face of injustice. As readers journey with Bluhm, they will be moved to find their own way, their own voice, and their own conviction for standing with women. They'll emerge more ready than ever to advocate for justice, healing, and resurrection.

Suffering and the Heart of God Diane Langberg, 2015-09-01 Do trauma and abuse have the last word? After forty years of counseling abuse survivors around the world, Dr. Diane Langberg, a world-renowned trauma expert, remains certain that

what trauma destroys, Christ can and does restore.

Just Work Kim Scott,2021-03-16 From Kim Scott, author of the revolutionary New York Times bestseller Radical Candor, comes Just Work—how we can recognize, attack, and eliminate workplace injustice—and transform our careers and organizations in the process. We—all of us—consistently exclude, underestimate, and underutilize huge numbers of people in the workforce even as we include, overestimate, and promote others, often beyond their level of competence. Not only is this immoral and unjust, it's bad for business. Just Work is the solution. Just Work is Kim Scott's new book, revealing a practical framework for both respecting everyone's individuality and collaborating effectively. This is the essential guide leaders and their employees need to create more just workplaces and establish new norms of collaboration and respect.

B C L A Reporter British Columbia Library Association, 1990

Understanding Domestic Violence Rafael Art. Javier, William G. Herron, 2018-08-10 Understanding Domestic Violence not only highlights and reexamines the different challenges that we continue to face in effectively addressing issues of domestic violence but provides innovated approaches to interventions that are more in keeping with the complex nature of domestic violence. This book provides a comprehensive and multifaceted examination of conditions and factors involved in domestic violence, including psychological, sociocultural, sociopolitical, and socioeconomic issues. The authors look at domestic violence through the trauma lens and intersectionality to develop intervention strategies within that context. Statistics and clinical examples from the field highlight unique culturally-based issues related to domestic violence among Latino, African American, and Arab Muslim communities, issues with woman perpetrators, and violence in the LGBTQ community, to name a few. In the end, Understanding Domestic Violence offers opportunities for the reader to engage in further discussion of the poignant issues discussed in the book, with the invitation to become part of the solution.

Book Review Digest ,2001-08

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