

John Whitmore Coaching Español

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Coaching John Whitmore, 2016-03-08 Esta edición revisada y ampliada de la «biblia» del coaching profesional revolucionará cómo se aborda tradicionalmente la cultura de las organizaciones. Ejercicios prácticos, ejemplos corporativos, diálogos de coaching y un glosario nuevo refuerzan el proceso de aprendizaje, mientras que un capítulo nuevo y crucial explica cómo medir los beneficios del coaching en términos de rendimiento de la inversión.

El Principio de Sorites Ian Gibbs, 2017-09-01 Del 1 al 10, siendo 1 supremamente eficiente y 10 nombrado procrastinador de primera categoría, ¿qué puntaje te darías? ¿Eres una persona que comienza cosas pero no las termina? Los primeros días de un proyecto, ¿los encaras con mucho entusiasmo, antes de perder el deseo de vivir y abandonar el proyecto? 'El Principio de Sorites: Cómo aprovechar el poder de la perseverancia' te provee con el camino y las técnicas para ayudarte a comenzar el proyecto de tu elección, y a través de la constante aplicación de pequeñas acciones, seguir adelante hasta que esté completado. Entonces, ¿cuál es tu sueño? ¿Te gustaría adquirir una nueva habilidad, perder peso, convertirte en un director de cine, mantener tu casa arreglada y limpia? O..... (llena el espacio en blanco). El Principio de Sorites está aquí para apoyarte en el proceso y ayudarte a hacerlo lo menos doloroso posible.

Bibliografía española, 2005-07

Estructuras para ganar Jose L. Menéndez Cuenca, 2024-07-29

Smart Feedback Jane Rodriguez del Tronco, Rosa Rodriguez del Tronco, Noemi Vico Garcia, 2017-06-05 Es curioso cómo nuestras creencias pueden llegar a afectar nuestro desarrollo y la evolución de las organizaciones. Vivimos en una cultura que ni tolera ni integra el error. El miedo a fracasar y al qué dirán nos bloquea, dejando pasar oportunidades, tanto en el plano profesional, como en el personal. «Este libro surge a raíz de trabajar con distintas organizaciones, equipos y personas, y tomar conciencia de que el feedback es un tema recurrente. Probablemente por nuestra aversión al error y a las críticas, seguimos viéndolo como una de las conversaciones más complejas, muchas de las cuales pueden convertirse en conflictos que dañen, tanto nuestras relaciones personales, como nuestra propia autoestima», destacan sus autoras. Smart Feedback tiene el propósito de hacer de dichas conversaciones una posibilidad para el desarrollo de las personas, tanto si hablamos de talento en el ámbito profesional y académico, como si nos referimos a nuestro entorno más personal, como la familia o el grupo de amigos. ¡Porque a través de nuestra relación con los demás formamos también nuestra identidad y evolucionamos!

¿Y para quién es este libro? Pues para... ¡todos! Profesionales o no, cualquier persona que tenga algún tipo de responsabilidad o trabaje conjuntamente con otras podrá encontrar las claves para ser cada vez más competente en esta habilidad, tanto para recibir, como para dar. Desde los fundamentos de la inteligencia emocional y del coaching, se nos brindan numerosos ejemplos y técnicas para convertirnos en unos auténticos expertos en materia de feedback.

Forjadores de líderes Javier Andreu, 2007-10 Catorce expertos en coaching ejecutivo te revelan las herramientas decisivas para la mejora del desempeño y el desarrollo de la excelencia en el liderazgo. Con prólogo de Eduardo Montes.

Managing Your Personal Brand Evelyn Verdugo, 2022-11-10 This book offers a simple methodology for anyone wishing to achieve self-knowledge and successfully channel it for either personal or professional growth. Readers will find it relevant and applicable, whether just starting on the path to self-discovery or looking to deepen already held knowledge. As we progress through the various stages in the methodology, we go into depth on the experience of personal growth, which will guide you to identify your unique skills and your life's purpose. You will learn how to define your goals correctly in order to reach the next level. The various practical tools provided here will teach you how to construct and manage your personal brand, evolve according to personal and environmental changes, and fulfill your purpose.

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Coaching Educativo Ángela Rodríguez González, 2019-02-01 El coaching educativo es un método de aprendizaje que tiende al desarrollo del autoconocimiento y del conocimiento de los demás, para mejorar el desempeño de los equipos y transformar el aula en un lugar donde se pongan las emociones a trabajar para poder potenciar el aprendizaje. El coach se convierte en el encargado de incentivar la curiosidad del aula y de despertar la motivación intrínseca de cada alumno para que él mismo, acompañado por el docente, descubra qué quiere y cómo puede lograrlo. En definitiva, hace que aprendan a aprender. En este libro abordaremos sus aspectos fundamentales, las principales herramientas para desarrollarlo, y las competencias necesarias para ser un buen coach educativo.

Coaching hoy Fernando Bayón Mariné, 2014-12-16 Desde hace siglos se practica el coaching, pero sólo desde hace algunas décadas, contamos con una amplia y creciente literatura en castellano que analiza el coaching como técnica, como método o como sistema de desarrollo. Echábamos de menos un manual o guía de consulta que reuniera en un único texto la

doctrina y práctica más común y también la novedosa que permitiera a cualquier profesional obtener una visión global del coaching y, al tiempo, la posibilidad de conocer el proceso, sus ámbito de actuación, las características de las diversas escuelas, incluso la posibilidad de familiarizarse con las herramientas más utilizadas; y al experto acudir para una consulta rápida y eficaz. Coaching Hoy ordena, modeliza, conceptualiza y proporciona una perspectiva integrada, alejada del intrusismo, de la mediocridad y apuesta por la visión científica y técnica de esta actividad-profesión. Destila experiencia y trata con objetividad los pros y contras de cada escuela y metodología. Esta obra es resultado del empeño de un amplio equipo de expertos coordinados por Fernando Bayón.

John Whitmore Coaching Espaol Book Review: Unveiling the Power of Words

In some sort of driven by information and connectivity, the ability of words has be evident than ever. They have the capacity to inspire, provoke, and ignite change. Such may be the essence of the book **John Whitmore Coaching Espaol** , a literary masterpiece that delves deep to the significance of words and their effect on our lives. Compiled by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we shall explore the book is key themes, examine its writing style, and analyze its overall effect on readers.

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