

Teoria De La Personalidad De Carl Rogers Pdf

Carl Ransom Rogers

Neurociencias, educación y psicología ALEXANDER ORTIZ,2024-05-20 La estrategia RIES (Respira, Inhala, Exhala y Suspira), configurada a partir de la integración de los hallazgos de las neurociencias, la psicología y la educación, ha sido la base para escribir el presente libro, en el que se propone un Modelo Formativo de Autogestión emocional que busca mejorar la salud mental. El libro se basa en la pedagogía del amor y la compasión como herramientas para alcanzar la tranquilidad emocional y vivir en plenitud. A través de diferentes estrategias, como técnicas de respiración, meditación y reflexión, se busca que los lectores puedan identificar y regular sus emociones de manera efectiva. Esta propuesta tiene como finalidad esencial configurar el sosiego y vivir en plenitud. El modelo se enfoca en la respiración consciente, la atención plena, la meditación, la escucha activa, la aceptación, el mindfulness y la gratitud. Estas herramientas se combinan con el arte de narrar y el humor, para ofrecer experiencias que ayudan a los lectores a conectar con su yo interno, reconocer sus emociones, regular sus estados emocionales y desarrollar habilidades de autocuidado.

Psicología jurídica, derechos humanos y derecho penal Francisco Maffioletti Celedón,Martha Vanessa Díaz Padilla,Stella Maris Puhl,2019-03-01 Este libro es una construcción colectiva y diversa, haciendo honor a la identidad pluralista de los latinoamericanos, pues como es propio de ALPJF se realizó una convocatoria abierta para invitar escritores, lo cual desencadenó una magnífica alquimia intelectual. Concitó un magnífico comité editorial compuesto por tres ilustres Directores Científicos de país Francisco Maffioletti de Chile, Vanesa Díaz de México y Stella Puhl de Argentina, ellos trabajaron con denuedo para consolidar esta utopía del sexto libro de ALPJF, el cual recibió el espaldarazo de cuarenta autores, provenientes de nueve países, en una edición que alcanza más de 400 páginas. Todo esto logrado por la férrea voluntad de profesionales escritores motivados por dejar huella intelectual, plasmar lecciones aprendidas o esbozar nuevas competencias y caminos profesionales que se ubicaron en tres grandes secciones Derecho Penal, Penitenciario y Conflicto Armado. El texto presenta un panorama latinoamericano, pues reúne las inquietudes de los intelectuales, saltan a la vista motivaciones académicas en relación con los más vulnerables, los discapacitados en procesos penales, los niños que son polivictimizados y requieren especiales tratamientos, reivindicaciones y concepciones de su ser como sujetos de derechos.

Autoconocimiento y personalidad Marisol Gamboa González,2023-06-28 En Autoconocimiento y personalidad el estudiante se valora como un ser único a partir del reconocimiento de su personalidad, autoestima y manejo de sus

emociones, para hacer elecciones asertivas en su interacción con los demás.

Teoría de la personalidad en Carl Rogers ,1976

Teorías de la personalidad Susan C. Cloninger,2002 La perspectiva psicoanalítica - Freud : el psicoanálisis clásico - Jung : psicología analítica - La perspectiva psicoanalítica-social - Adler : psicología individual - Ericsson : desarrollo psicosocial - Horney : psicoanálisis interpersonal - La perspectiva de los rasgos : Allport : teoría personológica de los rasgos - Cattell y los cinco grandes : teorías analítico-factoriales de los rasgos - La perspectiva del aprendizaje - Skinner y Staats : el desafío de conductismo Dollard y Miller : teoría psicoanalítica del aprendizaje - Enfoque cognoscitivo del aprendizaje social - Mischel y Bandura : teoría cognoscitiva del aprendizaje social - Nelly : la psicología de los constructos personales - La perspectiva humanista - Rogers : teoría centrada en la persona - Maslow : psicología humanista y la jerarquía de las necesidades.

El Desarrollo Humano en Nuestro Tiempo Gabriela Delgado Sandoval,Alberto S. Segrera,2023-04-03 Este libro constituye una contribución al campo del desarrollo humano, expresada en cinco secciones: Fundamentos Teóricos; Pérdidas y Duelo; Educación; Organizaciones; Comunidad, Democracia y Vida Pública, y Espiritualidad. Su intención es ampliar en los lectores los conocimientos sobre el tema y contribuir con su promoción.

El profesor tutor en el proceso de universalización de la Educación Superior cubana José Ignacio Herrera Rodríguez,2020-07-29 El presente libro tiene el propósito de ofrecer respuestas a algunas de las interrogantes que comúnmente se formulan los profesores tutores en su labor de orientación educativa en la nueva universidad universalizada en Cuba. No obstante, por la forma abarcadora en que José Ignacio Herrera Rodríguez, ha elaborado este documento, considero que puede ser de utilidad a cualquier profesional que pretenda adentrarse en el fascinante mundo de la tutoría.

Psicoterapia y problemas actuales. Debates y alternativas (Psicoterapia y diálogo interdisciplinario) Antonio Sánchez Antillón,Bernardo Enrique Roque Tovar,Teresita Morfín López,Jorge González García,Patricia Irene Villarreal Torre,Luis Miguel Sanchez Loyo,Sofía Cervantes Rodríguez,Everardo José Fernando Camacho Gutiérrez,Eugenia Catalina Casillas Arista,Idalexa Pérez Strauss,Salvador Moreno López,María Gabriela Castro Soto,Mónica Urdapilleta Carrasco,Victoria Angélica Torres Armenta,2016-05-25 Ante la proliferación de fenómenos psicosociales, como el suicidio, la violencia sexual, los trastornos del comportamiento alimenticio y las crisis de identidad, emerge esta obra, como una respuesta reflexiva que aborda desde una pluralidad de perspectivas el quehacer psicoterapéutico, para favorecer una comprensión amplia de estas situaciones problema y ofrecer, desde la experiencia de sus autores, alternativas de entendimiento y de desarrollo de tratamientos para la atención de quienes las viven. El objetivo es compartir una comprensión innovadora de la práctica del psicoterapeuta, desde una mirada caracterizada por el diálogo interdisciplinario. Ello a partir de la recuperación de las estrategias implementadas frente a distintas coyunturas, así como a través de la reflexión personal en torno a la formación y el ejercicio profesional del psicoterapeuta, que pueden favorecer la retroalimentación y la generación de formas de

intervención más adecuadas a la realidad de algunos dilemas contemporáneos y de los entornos en que estos se desenvuelven. Un libro recomendable para estudiantes, docentes y profesionales en el campo de la psicoterapia y la salud psicosocial. (ITESO) (ITESO Universidad)

Interpretación de las teorías de la personalidad Ledford S. Bischof,1977

Teorías de la personalidad James Fadiman,Robert Frager,2001

Carl Rogers on Personal Power Carl Ransom Rogers,1977 CONTENT: The politics of the helping professions; the new family and the old; The revolution in marriage and partnerships; Power or persons: Two trends in education; The politics of administration; The person-centered approach and the oppressed; Resolving intercultural tensions: A beginning; A person-centered workshop: Its planning and fruition; The power of the powerless; Without jealousy; A political base: The actualizing tendency; The emerging person: Spearhead of the quiet revolution.

Interpretación de las teorías de la personalidad Ledford S. Bischof,1975

Escuelas de psicología: un breve recorrido por las teorías de la personalidad Marlon Mayorga Lascano,2020-07-13 El presente libro explora la construcción de la personalidad, el conjunto dinámico de características personales de un individuo, expresadas a través de su comportamiento concreto en diversos ambientes. Recorre una evolución parcial del constructo, partiendo de los siempre categóricos tipos de personalidad, para luego pasar al enfoque de rasgos o sumatoria de rasgos, hasta llegar a un modelo dimensional de la personalidad. Posteriormente dedica capítulos subsecuentes a las Tres Fuerzas de la Psicología, que permiten profundizar la comprensión de la personalidad a través de los autores que las representan: el Psicoanálisis y lo psicodinámico, de la mano de Freud, Jung y Adler; el Conductismo en sus modalidades Respondientes, Operantes y de Aprendizaje Social (Watson, Skinner y Bandura); y el Humanismo con Maslow y Rogers. Finalmente, se revisan las dos tendencias de mayor incidencia actual: la Terapia Cognitiva y la Terapia Familiar Sistémica, donde la personalidad se construye a partir de las cogniciones recurrentes y las formas habituales de interacción con el ambiente familiar, respectivamente. El texto fatiga, pero no agota el tema explorado y aspira a despertar mayor interés investigativo en sus lectores.

El Desarrollo de la Personalidad y sus teorías Hiriyappa B; Ph.D.,2018-04-08 El libro nos introduce a un breve estudio de los rasgos de la personalidad, se concentra en describir las teorías más importantes que pertenecen a los autores más renombrados en la materia

The Carl Rogers Reader Carl Ransom Rogers,1989 Selected from a body of Rogers' work, essays deal with his approach to psychotherapy, theory and research, and philosophies.

Interpretación de las teorías de la personalidad Ledford S. Bischof,1973

Cognición y desarrollo psicológico Elsa M. Casanova,1991

The Life and Work of Carl Rogers Howard Kirschenbaum, 2007 A biography of Carl Rogers, one of the great social revolutionaries of the 20th century. It is aimed at lecturers, students and practitioners of psychotherapy and education, where his writings have had so much influence.

Becoming a Person Carl Rogers, 2022-03-23

Desarrollo de la teoría de la personalidad en C. Rogers, 1988

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Teoria De La Personalidad De Carl Rogers Pdf Introduction

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