

Illness Management And Recovery

CH Cherryholmes

Illness Management and Recovery - openskycs.org The Illness Management and Recovery (IMR) Program helps people set meaningful goals for themselves, acquire information and skills to develop more mastery over their psychiatric illness and make progress towards their own personal recovery. **The Illness Management and Recovery Program: Rationale ...** The Illness Management and Recovery (IMR) program was developed based on a comprehensive review of research on teaching illness self-management strategies to clients with schizophrenia and other severe mental illnesses and “packaged” in a resource kit to facilitate dissemination. **Enhanced Illness Management and Recovery Manual** For many people, being in recovery means having your symptoms well managed, so that you can enjoy life and cope with the daily highs and lows it brings. Here are some more examples of how different people look at recovery from substance use and mental health problems: **Illness Management and Recovery Practices - Relias Academy** People with serious mental illness (SMI) often die younger due to preventable health conditions, especially poor physical health. This course introduces the Illness Management and Recovery (IMR) model, an evidence-based, recovery-oriented approach that helps people manage mental and physical health challenges. *Illness Management and Recovery* “Illness Management and Recovery (IMR) consists of a series of weekly sessions in which specially trained mental health practitioners help people who have experienced psychiatric symptoms develop personal strategies for coping with mental illness and ... [Illness Management and Recovery - Practitioners Guides and ...](#) Used with the main document, Training Frontline Staff, this booklet has all the Practitioner Guides and Handouts that you will use every day as you implement your Illness Management and Recovery (IMR) program. **Illness Management and Recovery: A Review of the Research** The authors discuss the concept of recovery from psychiatric disorders and then review research on professional-based programs for helping people manage their mental illness.

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