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**Christian Drosten**

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 zuckerfrei wie sie dauerhaft fett  
 verbrennen ihren körper natürlich  
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 web mar 5 2019 obwohl noch nicht  
 abschließend geklärt ist ob die  
 stoffwechselrate stark beschleunigt  
 wird haben einige untersuchungen  
 bereits gezeigt dass intervallfasten  
 einen positiven einfluss auf den  
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 diabetes allerdings könnte bei therapie  
 mit insulin oder sulfonylharnstoff das  
 hypoglykämierisiko steigen